

HealthReach Community Health Centers

May 2021



National Skin Cancer Month

1 OUT OF **5**     

Americans will have skin cancer by age 70

What Can You Do?

- Examine your body once a month by looking for anything on your skin that is **NEW, CHANGING, or UNUSUAL**.
- See your dermatologist annually.
- Always wear sunscreen.
- Never use UV tanning beds.

Resources: <https://www.skincancer.org/skin-cancer-information/>
<https://www.skincancer.org/early-detection/>
<https://www.skincancer.org/early-detection/self-exams/>

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