

HealthReach Community Health Centers

October 2020

Flu Season During COVID-19



Getting the influenza vaccine is more important than ever!



- ▶ *Getting the flu vaccine WILL **NOT** increase your chances of getting COVID-19.*

The Flu Shot...

- will reduce the likelihood of hospitalizations
- will let hospitals keep treating COVID-19 patients as effectively as possible
- will decrease the likelihood of having COVID-19 and the flu at the same time
- will protect those around you once you have taken it
- can be lifesaving for children

**TALK TO YOUR MEDICAL CLINICIAN IF YOU THINK YOU MIGHT
HAVE THE FLU AND COVID-19 AT THE SAME TIME**

Sources:

<https://www.cdc.gov/flu/prevent/keyfacts.htm#benefits>
<https://www.cdc.gov/flu/season/index.html>
<https://www.cdc.gov/flu/prevent/vaccine-benefits.htm>

Developed by VISTA member Sophie Boardman serving with HealthReach Community Health Centers. This material is supported by a grant to the Goodwill VISTA Partnership from the Corporation for National and Community Service.