



Social Determinants of Health

Social Determinants of Health (*SDOH*)
are social and economic characteristics which may affect your health.

Social Determinants of Health include:

- Employment and income
- Housing and safety
- Education, literacy
- Access to healthy Food
- Community and support systems
- Healthcare (access, insurance, quality of care)

Ask your clinician about social supports and resources!

Learn more about how **SDOH** affect health outcomes:

www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/

Sources:

- **Kaiser Family Foundation:** <https://www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/>
- **National Association of Community Health Centers:** http://www.nachc.org/wp-content/uploads/2016/07/SDH_Brief_2012.pdf
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